LEONARD & SANDY SARGENT EVST GRADUATE FELLOW

2010-11 Heather Day

Heather Day is a yoga teach and founder/life coach at Heather Day Wellness in Missoula, Montana. Previously, she served on the National Wilderness Stewardship Alliance board of directors.

She earned her BA degree in Sociology from Bowdoin College and MS in environmental studies from the University of Montana.